

Orgain Renal-Friendly Products



POWDERS								
Product Name ^o	Organic Protein™ Plant-Based Protein Powder	Organic Protein™ Plant-Based Protein Powder	Organic Protein™ Plant-Based Protein Powder	Organic Protein™ Plant-Based Protein Powder	Organic Meal™ Nutrition Powder	Organic Meal™ Nutrition Powder	Organic Protein™ & Greens Plant-Based Protein Powder	Organic Protein™ & Greens Plant-Based Protein Powder
Flavor	Creamy Chocolate Fudge	Vanilla Bean	Peanut Butter	Unsweetened	Creamy Chocolate Fudge	Vanilla Bean	Creamy Chocolate Fudge	Vanilla Bean
Serving Size	2 Scoops (46g)	2 Scoops (46g)	2 Scoops (46g)	2 Scoops (36g)	2 Scoops (57g)	2 Scoops (57g)	2 Scoops (49g)	2 Scoops (49g)
Calories (kcal) [†]	150	150	150	140	230	230	150	150
Protein (g) [†]	21	21	21	21	20	20	21	21
Phosphorus (mg) ^{**†}	27	1	16	2	28	2	19	1
Potassium (mg) [†]	280	90	390	80	270	100	370	230
Sodium (mg) [†]	330	320	390	190	300	210	300	310

POWDERS (continued)							
Product Name ^o	Organic Protein™ & Superfoods Plant-Based Protein Powder	Organic Protein™ & Superfoods Plant-Based Protein Powder	Simple Organic Plant Protein Powder	Simple Organic Plant Protein Powder	Simple Organic Plant Protein Powder	Grass-Fed Whey™ Protein Powder	Grass-Fed Whey™ Protein Powder
Flavor	Creamy Chocolate Fudge	Vanilla Bean	Creamy Chocolate	Vanilla	Peanut Butter	Creamy Chocolate Fudge	Vanilla Bean
Serving Size	2 Scoops (50g)	2 Scoops (50g)	2 Scoops (38g)	2 Scoops (38g)	2 Scoops (38g)	2 Scoops (41g)	2 Scoops (41g)
Calories (kcal) [†]	160	160	150	150	150	130	140
Protein (g) [†]	21	21	20	20	20	21	21
Phosphorus (mg) ^{**†}	27	1	30	3	1	21	1
Potassium (mg) [†]	290	120	360	140	200	320	140
Sodium (mg) [†]	320	300	290	310	330	150	125

Have a question? A member of our healthcare team can help: medinfo@orgain.com





^oThese Orgain products reflect those most commonly recommended by healthcare professionals in a renal setting.







^{*}As phosphorus is naturally occurring in our bars and powder products it is not declared on Orgain product labels. For Orgain ready-to-drink products, phosphorus is declared on our labels as a fortified nutrient. Please note, there can be a small variance in phosphorus values from lot to lot in all product categories, so it is safe to calculate a +/- 20% buffer.

[†]Values are subject to change and this chart is intended as a guide only. Individuals on a medical journey should use Orgain under the supervision of a healthcare professional.

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READY-TO-DRINK SHAKES				
Product Name ^o	Organic Nutrition™ Vegan Nutritional Shake	Organic Nutrition™ Vegan Nutritional Shake	Kids Plant Protein™ Organic Nutritional Shake	Kids Plant Protein™ Organic Nutritional Shake
Flavor	Smooth Chocolate	Vanilla Bean	Chocolate	Vanilla
Serving Size	11 FL OZ (330 mL)	11 FL OZ (330 mL)	8 FL OZ (237 mL)	8 FL OZ (237 mL)
Calories (kcal) [†]	240	230	200	200
Protein (g) [†]	16	16	8	8
Phosphorus (mg) ^{**†}	110	100	140	140
Potassium (mg) [†]	290	120	220	90
Sodium (mg) [†]	270	260	190	190

BARS						
Product Name ^o	Organic Protein™ Snack Bar	Organic Protein™ Snack Bar	Organic Protein™ Snack Bar	Organic Protein™ Snack Bar	Organic Protein™ Snack Bar	Organic Protein™ Snack Bar
Flavor	Peanut Butter Chocolate Chunk	Peanut Butter	Chocolate Chip Cookie Dough	Chocolate Brownie	S'mores	Chocolate Coconut
Serving Size	1 Bar (40g)	1 Bar (40g)	1 Bar (40g)	1 Bar (40g)	1 Bar (40g)	1 Bar (40g)
Calories (kcal) [†]	150	150	150	150	150	150
Protein (g) [†]	10	10	10	10	10	10
Phosphorus (mg) ^{*†}	24	44	5	16	6	42
Potassium (mg) [†]	60	70	0	100	0	100
Sodium (mg) [†]	140	140	125	120	260	125

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