

**Commission
on Dietetic
Registration**

the credentialing agency for the
eat right. Academy of Nutrition
and Dietetics

Continuing Professional Education Certificate of Attendance
—Attendee Copy—

Participant Name: _____

Registration Number: _____

Activity Title: Nutrition for the Mind: How meditation helps to manage
stress and improve health - On Demand

CPEU Sponsor: Orgain, LLC

Activity Number: 173074

Date Completed: _____ Number of CPEUs Awarded: 1.0

*Suggested Performance Indicator(s): 9.3.5; 9.5.1; 9.6.2

Kath R. Hue, MS, RD

Provider Signature

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**Refer to your Professional Development Portfolio Guide For LNCs or PIs*